

JUNE | 2022

Bear Lake Elementary School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 Breakfast Cherry Frudel Lunch Tangerine Chicken, Rice, Stir Fry Veggies, Pineapple OR Ham & Cheese Pretzel Combo	2 Breakfast Smoothie & Muffin Lunch Cheeseburger, Ranch Potatoes, Peaches OR Chicken Fajita Wrap, Apple Bosco	3 Breakfast Bagels & Cream Cheese Lunch Garlic Cheese French Bread Pizza Pears OR Sandy Peach Yogurt Parfait, Blueberry Muffin
6 Breakfast Donuts Lunch French Toast, Sausage, Hash Browns, Grapes OR PB&J, Cheese Stick, Cheez-it	7 Breakfast Breakfast Pizza Lunch Soft Tacos, Street Corn, Pineapple, Tostitos OR Turkey & Cheese Croissant, Chex Mix	8 Breakfast Confetti Pancakes Lunch Chicken & Waffles, Green Beans, Fruit Slush Cup OR Ham & Cheese Pretzel Combo	9 Breakfast Breakfast Sandwich Lunch Beef & Cheddar Melt, Curly Fries, Mixed Fruit OR Fruit Smoothie, Cheese Stick, Cinna-Bun	10 Breakfast Cinnamon Roll Lunch Assorted Pizza, Cali-Blend Veggies, Applesauce OR Smore's Yogurt Parfait, Muffin
13 Breakfast Assorted Breakfast Lunch ~Chef's Choice~	14	15 <i>Have a great Summer!</i>	16	17
20	21	22	23	24
27	28	29	30	1



All meals are FREE for the 2021-2022 school

Variety of fresh fruits and vegetables offered on our salad bar daily

All of our breads and buns are 100% whole grain

Ice cold milk options available daily: low fat white, low fat chocolate

~ Menu subject to change ~

Check out our Bear Lake School Nutrition Facebook page!



This Institution is an equal opportunity provider