

JUNE | 2022

Bear Lake Great Beginnings



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 Breakfast Cherry Frudel Lunch Tangerine Chicken, Rice, Veggies, Pineapple AM Goldfish, Milk PM Cheez-its, Milk	2 Breakfast Smoothie & Muffin Lunch Cheeseburger, Ranch Potatoes, Peaches AM Animal Crackers, Milk PM Cinnamon Fish, Milk	3 Breakfast Bagels & Cream Cheese Lunch Garlic Cheese French Bread Pizza Pears Snack Yogurt, Fish Graham
6 Breakfast Donuts Lunch French Toast, Sausage, Hash Browns, Grapes AM Blueberry Bites, Milk PM Applesauce, Milk	7 Breakfast Breakfast Pizza Lunch Soft Tacos, Street Corn, Pineapple, Tostitos AM Teddy Grahams, Milk PM Animal Crackers	8 Breakfast Confetti Pancakes Lunch Chicken & Waffles, Green Beans, Fruit Slush Cup AM Fruit, Yogurt PM Elf Grahams, Milk	9 Breakfast Breakfast Sandwich Lunch Beef & Cheddar Melt, Curly Fries, Mixed Fruit AM Cheez-its, Milk PM Scooby-Doo, Milk	10 Breakfast Cinnamon Roll Lunch Assorted Pizza, Cali-Blend Veggies, Applesauce Snack Chat Snax, Milk
13 Breakfast Assorted Breakfast Lunch ~Chef's Choice~ AM Cheez-its, Milk PM Blueberry Bites, Milk	14	15 Have a great Summer!	16	17
20	21	22	23	24
27	28	29	30	1



All meals are FREE for the 2021-2022 school
 Variety of fresh fruits and vegetables offered on our salad bar daily

All of our breads and buns are 100% whole grain

Ice cold milk options available daily:
 low fat white, low fat chocolate

~ Menu subject to change ~

Check out our Bear Lake School Nutrition Facebook page!



This Institution is an equal opportunity provider