

Bear Lake Elementary School

APRIL 2024



ANNOUNCEMENTS

WELCOME BACK!

APRIL IS EARTH MONTH



Variety of fresh fruits and vegetables offered on our salad bar daily

*Food allergen symbol:
🥜 = contains peanuts

Ice cold milk options available daily: low fat white, low fat chocolate

~ Menu subject to change ~

Check out the Bear Lake School Nutrition Facebook page!

This Institution is an equal opportunity provider

We need SUBS!

Call the school office or email Tim at klenowt@manistee.org to learn how to apply!!

MON	TUE	WED	THU	FRI
<p>1 </p> <p>Breakfast Banana Bread Lunch Tangerine Chicken, Rice, Stir Fry Vegetables, Pineapple OR PB&J Sandwich, String Cheese, Goldfish</p>	<p>2 Breakfast Blueberry Pom Bar Lunch Cheeseburger, Crinkle Fries, Sliced Peaches OR Hot Ham & Cheese Pretzel, Chex Mix</p>	<p>3 Breakfast Yogurt & Muffin Lunch Breakfast Scramble Bowl, Cinnamon Roll, Fresh Melon OR Corn Dog, Baked Beans</p>	<p>4 Breakfast Breakfast Sandwich Lunch Chicken & Waffles, Green Beans, Orange Wedges OR Crispy Chicken Wrap, Trail Mix</p>	<p>5 Breakfast Mini French Toast Lunch Bosco Sticks, Marinara, Key West Vegetables, Slush Cup OR Strawberry Shortcake Parfait, Granola, Muffin</p>
<p>8 Breakfast Banana Bread Lunch Tangerine Chicken, Rice, Stir Fry Vegetables, Pineapple OR PB&J Sandwich, String Cheese, Goldfish</p>	<p>9 Breakfast Breakfast Pizza Lunch Soft Tacos, Fixins, Refried Bean Dip, Oranges OR Hot Ham & Cheese Pretzel, Chex Mix</p>	<p>10 Breakfast Chocolate Cherry Bar Lunch Popcorn Shrimp, Ranch Potato Wedges, Hush Puppies, Grapes OR Corn Dog, Sweet Potato Fries</p>	<p>11 Breakfast Jumbo Cereal Cup Lunch Laker Bowl, Chicken, Mashed Potatoes, Corn, Cheese, Gravy, Fruit OR Fruit Smoothie, Berry Scone</p>	<p>12 Breakfast Waffles Lunch Stuffed Crust Cheese Pizza, Roasted Brussel Sprouts, Applesauce OR Apple Nachos, Granola, Muffin</p>
<p>15 Breakfast Donut Pull-apart Lunch French Toast Sticks, Sausage, Hash Browns, Oranges OR PB&J Sandwich, String Cheese, Cheez-its</p>	<p>16 Breakfast Caramel Cinna Minis Lunch Taco Pizza, Roasted Corn, Apple Empanada OR Ham & Cheese Pretzel, Chex Mix</p>	<p>17 Breakfast Yogurt & Muffin Lunch Chicken Alfredo, Garlic Toast, Broccoli, Grapes OR Corn Dog, Baked Beans</p>	<p>18 Breakfast Breakfast Sandwich Lunch Italian Sub, Pasta Salad, Sun Chips, Mixed Fruit OR Crispy Chicken Wrap, Zee Zees Half Popped</p>	<p>19 Breakfast Mini French Toast Lunch Garlic Cheese French Bread, Roasted Cauliflower, Peaches OR Strawberry Shortcake Parfait, Granola, Muffin</p>
<p>22  Breakfast Mini Donuts Lunch Toasted Ravioli, Ceasar Salad, Breadstick, Mandarin Oranges OR PB&J Sandwich, String Cheese, Goldfish</p>	<p>23 Breakfast Breakfast Pizza Lunch Loaded Nachos, Spanish Rice, Tropical Fruit OR Hot Ham & Cheese Pretzel, Chex Mix</p>	<p>24 Breakfast Blueberry Lemon Bar Lunch Roasted Chicken, Apple Sausage Stuffing, Corn, Peaches OR Corn Dog, Sweet Potato Fries</p>	<p>25 Breakfast Jumbo Cereal Cup Lunch Mac & Cheese, Pretzel Stick, Green Beans, Oranges OR Fruit Smoothie, Berry Scone</p>	<p>26 Breakfast Waffles Lunch Deep Dish Pepperoni Pizza, Corn, Applesauce OR Apple Nachos, Granola, Muffin</p>
<p>29 Breakfast Donut Pull-apart Lunch Egg Rolls, Fried Rice, Stir Fry Vegetables, Pineapple OR PB&J Sandwich, String Cheese, Cheez-its</p>	<p>30 Breakfast Cinna Minis Lunch Crispy Chicken Sandwich, Curly Fries, Pears OR Ham & Cheese Pretzel, Chex Mix</p>			

