

## MARCH 2024

MON	TUE	WED	THU	FRI
<p>4 <b>Breakfast</b> Mini Donuts</p> <p><b>Lunch</b> Cheeseburger, Ranch Potato Wedges, Tropical Fruit <b>OR</b> PB&amp;J Sandwich, String Cheese, Goldfish</p>	<p>5 <b>Breakfast</b> Blueberry Pom Bar</p> <p><b>Lunch</b> Soft Tacos, Fixins', Spanish Rice, Pineapple, Tostitos <b>OR</b> Hot Ham &amp; Cheese Pretzel, Chex Mix</p>	<p>6 <b>Breakfast</b> Yogurt &amp; Muffin</p> <p><b>Lunch</b> Sharks and Waffles, Green Beans, Orange Wedges <b>OR</b> Corn Dog, Baked Beans</p>	<p>7 <b>Breakfast</b> Breakfast Sandwich</p> <p><b>Lunch</b> Italian Sub, Pasta Salad, Sun Chips, Fruit Cup <b>OR</b> Grilled Cheese &amp; Tomato Soup</p>	<p>1 <b>Breakfast</b> Confetti Pancakes</p> <p><b>Lunch</b> Green Eggs &amp; Ham, Pancakes, Hash Browns, Strawberries <b>OR</b> Cat in the Hat Yogurt Parfait, Granola, Muffin</p>
<p>11 <b>Breakfast</b> Banana Bread</p> <p><b>Lunch</b> Loaded Nachos, Fixins', Refried Bean Dip, Tropical Fruit <b>OR</b> PB&amp;J Sandwich, String Cheese, Cheez-its</p>	<p>12 <b>Breakfast</b> Breakfast Pizza</p> <p><b>Lunch</b> Tangerine Chicken, Rice, Stir Fry Vegetables, Grapes <b>OR</b> Hot Ham &amp; Cheese Pretzel, Chex Mix</p>	<p>13 <b>Breakfast</b> Chocolate Cherry Bar</p> <p><b>Lunch</b> Toasted Ravioli, Ceasar Salad, Garlic Breadstick, Pears <b>OR</b> Corn Dog, Sweet Potato Fries</p>	<p>14 <b>Breakfast</b> Bagels &amp; Cream Cheese</p> <p><b>Lunch</b> Laker Bowl, Chicken, Mashed Potatoes, Corn, Cheese, Gravy, Fruit <b>OR</b> Kid-Cuterie Snack</p>	<p>15 <b>Breakfast</b> Waffles</p> <p><b>Lunch</b> Stuffed Crust Cheese Pizza, Corn, Applesauce <b>OR</b> Cat in the Hat Yogurt Parfait, Granola, Muffin</p>
<p>18 <b>Breakfast</b> Donut Pull-apart</p> <p><b>Lunch</b> French Toast Sticks, Sausage, Hash Browns, Oranges <b>OR</b> PB&amp;J Sandwich, String Cheese, Goldfish</p>	<p>19 <b>Breakfast</b> Cinnamon Roll</p> <p><b>Lunch</b> Crispy Chicken Sandwich, Curly Fries, Pears <b>OR</b> Ham &amp; Cheese Pretzel, Chex Mix</p>	<p>20 <b>Breakfast</b> Yogurt &amp; Muffin</p> <p><b>Lunch</b> Chicken Alfredo, Garlic Toast, Broccoli, Grapes <b>OR</b> Corn Dog, Baked Beans</p>	<p>21 <b>Breakfast</b> Combo Box</p> <p><b>Lunch</b> Breakfast Sandwich Meatball Parm Sub, Marinara, Green Bean Fries, Apple Slices <b>OR</b> Grilled Cheese, Tomato Soup</p>	<p>22 <b>Breakfast</b> Mini French Toast</p> <p><b>Lunch</b> Stuffed Crust Cheese Pizza, Cali-Blend Veggies, Slush Cup, Dessert <b>OR</b> Shamrock Parfait, Granola, Muffin</p>
25	26	27	28	29

## ANNOUNCEMENTS

**NATIONAL SCHOOL BREAKFAST WEEK IS MARCH 4-8!**

Variety of fresh fruits and vegetables offered on our salad bar daily

\*Food allergen symbol:  
🥜 = contains peanuts

Ice cold milk options available daily: low fat white, low fat chocolate

~ March is Reading Month~

Check out the Bear Lake School Nutrition Facebook page!

This Institution is an equal opportunity provider

**We need SUBS!**  
Call the school office or email Tim at [klenowt@manistee.org](mailto:klenowt@manistee.org) to learn how to apply!!