

MARCH 2024

MON

TUE

WED

THU

FRI

March
4-8

SURF'S UP

WITH SCHOOL BREAKFAST

SURF'S UP
Dude

4 Breakfast
Mini Donuts

Lunch
Cheeseburger, Ranch
Potato Wedges, Tropical
Fruit OR Chef Salad,
Garlic Breadstick

5 Breakfast
Blueberry Pom Bar

Lunch
Soft Tacos, Fixins',
Spanish Rice, Pineapple,
Tostitos OR Hot
Ham & Cheese Pretzel,
Chex Mix

6 Breakfast
Yogurt & Muffin

Lunch
Shark Tenders & Waffles,
Green Beans, Orange
Wedges
OR Corn Dog, Baked
Beans

7 Breakfast
Breakfast Sandwich

Lunch
Italian Sub, Pasta Salad,
Sun Chips, Fruit Cup
OR Grilled Cheese &
Tomato Soup

8 Breakfast
Jumbo Cereal

Lunch
Deep Dish Pepperoni
Pizza, Key West Veggies,
Slush Cup OR Shamrock
Parfait, Granola, Muffin

11 Breakfast
Banana Bread

Lunch
Loaded Nachos, Fixins',
Refried Bean Dip,
Tropical Fruit
OR Chef Salad,
Breadstick

12 Breakfast
Breakfast Pizza

Lunch
Tangerine Chicken, Rice,
Stir Fry Vegetables,
Grapes OR Hot Ham &
Cheese Pretzel,
Chex Mix

13 Breakfast
Chocolate Cherry Bar

Lunch
Toasted Ravioli, Ceasar
Salad, Garlic Breadstick,
Pears OR Corn Dog,
Sweet Potato Fries

14 Breakfast
Bagels & Cream Cheese

Lunch
Laker Bowl, Chicken,
Mashed Potatoes, Corn,
Cheese, Gravy, Fruit OR
Kid-Cuterie Snack

15 Breakfast
Waffles

Lunch
Stuffed Crust Cheese
Pizza, Corn, Applesauce
OR Cat in the Hat Yogurt
Parfait, Granola, Muffin

18 Breakfast
Donut Pull-apart

Lunch
French Toast Sticks,
Sausage, Hash Browns,
Oranges OR Chef Salad,
Garlic Breadstick

19 Breakfast
Cinnamon Roll

Lunch
Crispy Chicken Sandwich,
Curly Fries, Pears OR
Ham & Cheese Pretzel,
Chex Mix

20 Breakfast
Yogurt & Muffin

Lunch
Chicken Alfredo, Garlic
Toast, Broccoli, Grapes
OR Corn Dog,
Baked Beans

21 Breakfast
Breakfast Sandwich

Lunch
Meatball Parm Sub,
Marinara, Green Bean
Fries, Apple Slices OR
Grilled Cheese, Tomato
Soup

22 Breakfast
Mini French Toast

Lunch
Stuffed Crust Cheese
Pizza, Cali-Blend
Veggies, Slush Cup,
Dessert OR Shamrock
Parfait, Granola, Muffin

25

26

27

28

29

SPRING

BREAK

ANNOUNCEMENTS

NATIONAL SCHOOL
BREAKFAST WEEK IS
MARCH 4-8!



Variety of fresh fruits and
vegetables offered on our salad
bar daily

*Food allergen symbol:

= contains peanuts

Ice cold milk options available
daily: low fat white, low fat
chocolate

~ March is Reading Month~

Check out the Bear Lake School
Nutrition Facebook page!

This Institution is an equal
opportunity provider

We need SUBS!

Call the school office or email
Tim at klenowt@manistee.org
to learn how to apply!!